



## We're Going on a Bear Hunt

### A Sensory Story

Recommended activity music: <https://www.youtube.com/watch?v=weQi2Es7aCw>  
 Recommended Audiobook: <https://www.youtube.com/watch?v=OgyI6ykDwds>

The activities below will help to create a fun sensory experience with your child as you read through this story at home.

Story	Objects/Activity
<b>We're going on a bear hunt. We're going to catch a big one. What a beautiful day! We're not scared...</b>	With your <b><u>hands, a pan, a drum or spoons</u></b> tap to the rhythm of the song...
<b>Uh-uh! Grass! Long wavy grass. We can't go over it. We can't go under it. Oh no! We've got to go through it! Swishy swashy! Swishy swashy! Swishy swashy!</b>	Move <b><u>string, ribbon or grass</u></b> from your garden along your child's legs and up to their knees.
<b>Uh-uh! A river! A deep cold river. We can't go over it. We can't go under it. Oh no! We've got to go through it! Splash splosh! Splash splosh! Splash splosh!</b>	Use <b><u>water spray</u></b> to wet your child's feet or hands.
<b>Uh-uh! Mud! Thick oozy mud. We can't go over it, We can't go under it. Oh no! We've got to go through it! Squelch squerch! Squelch squerch! Squelch squerch!</b>	Explore <b><u>jelly</u></b> or <b><u>play-dough</u></b> .
<b>Uh-uh! A forest! A big dark forest. We can't go over it. We can't go under it. Oh no! We've got to go through it! Stumble trip! Stumble trip! Stumble trip!</b>	You can use a tray of <b><u>leaves and sticks</u></b> to explore or drape <b><u>curtain or net fabric</u></b> from above, so you can move through and feel the textures, as you travel through the 'forest'.
<b>Uh-uh! A snowstorm! A swirling whirling snowstorm. We can't go over it. We can't go under it. Oh no! We've got to go through it! Hooo wooo! Hooo wooo! Hooo wooo!</b>	Explore <b><u>ice or ice packs</u></b> to feel the cold. If your child doesn't like the ice packs you can use <b><u>cotton wool balls</u></b> as snow to feel and explore.
<b>Uh-uh! A cave! A narrow gloomy cave. We can't go over it. We can't go under it. We've got to go through it! Tiptoe! Tiptoe! Tiptoe!</b>	Darken the room and use <b><u>torches</u></b> to look around and track the light - moving it from one side to the other.
<b>WHAT'S THAT! One shiny wet nose! Two big furry ears! Two big goggly eyes! IT'S A BEAR!</b>	All shout out "ROAR!" and use your <b><u>hands, a pan, a drum or spoons</u></b> tap to the rhythm of running away! You can then do the activities in reverse as they make their way home.