

Early Years Foundation Stage Medium Term Planning.

Term: autumn		Topic: me, my body	Cycle: 1
Characteristics of effective teaching and learning focus: Playing with what we know; Being involved and concentrating; Making links			
Area of learning and development	Activity starting points	Core experiences relating to the topic	
PSED	<ul style="list-style-type: none"> • Intensive Interaction • Identifying body parts • Playing alongside others • Working and playing with others – sharing attention • Developing and building relationships • Use of photos: self-registration, hello sessions, displays • <u>Outside:</u> Toys that encourage dual or multiple play, see saw, dual ride-on-toys outside • resonance board group activities • sharing a mirror with others • “co-opra band” • sitting around a table/tray with others, • <u>soft play:</u> using the ball pool with a friend • Tac Pac • Heuristic objects 	<u>Role play/object play/treasure baskets:</u> <ul style="list-style-type: none"> • home • baby clinic • beauty clinic • dolls and baby clothes • washing self / dolls dressing up: change one thing about your appearance (hat on/hat off) • Small world play – dolls house • different size dolls and own clothes, • real and familiar objects from the home, playing out familiar routines e.g. going to bed/waking up, brushing teeth • Hair brushes and combs • Mirrors • Face paint/make up • Hats and hair accessories • Beads • Hair/nail brushes, • combs, • nail buffers/files, • vibrating massage toys • Chinese head massagers 	
COMM	<ul style="list-style-type: none"> • Intensive Interaction • Getting to know familiar adults’ voices • Children seeing themselves ‘doing’ e.g. in photos and videos • Making sounds, signs, vocalising • Using, naming and identifying familiar and real objects • Learning specific vocabulary • Use of video/photos during good work assemblies/celebrations in class • Heuristic play opportunities* 	<u>Songs and action rhymes:</u> <ul style="list-style-type: none"> • Head shoulders knees and toes, 	

<p>Sensory and motor (PD)</p>	<ul style="list-style-type: none"> • Awareness of whole body and movement through space • Using familiar tools • Developing self-care skills • Exploring using hands, feet and whole body • Sensory exploration e.g. tactile play • Action rhyme time, e.g..... Riding on a pony, horsey horsey... • Familiar tools from home environment (link to role play/treasure baskets) • yoga, massage, movement experiences e.g. swings, slide and seesaw, swinging in a blanket • Heuristic objects* 	<ul style="list-style-type: none"> • I've got a body, • We can do anything that we want to, • Tommy Thumb • Action rhyme time: I've got a body, a very busy body..., • look at Liz here she is today, <p><u>Stories/books/poems:</u></p> <ul style="list-style-type: none"> • baby books, • Bad Baby by Patrick McDonnell, • All About Me, • Ten Little Fingers and Ten Little Toes by Mem Fox • Picture books: Baby's Day • Peace at Last by Jill Murphy • 1,2,3, do the dinosaur by Michelle Robinson and Rosalind Beardhaw
<p>Exploration (maths, literacy, UW and EAD)</p>	<p><u>UW</u></p> <ul style="list-style-type: none"> • Photos of own families and home visit photos of us doing our favourite things • Moving around school and meeting people • Likes / dislikes and developing consistent responses to stimuli • Cause and effect • Exploring and creating effects on immediate environment e.g. tactile play, Be-Active Box, resonance board • use of whole body to explore media <p><u>Mathematics</u></p> <ul style="list-style-type: none"> • Exploring size, • noticing differences • grouping objects • Number songs around the body • Collections of heuristic objects inside and outside • Hiding and finding • Peepo games • Noticing changes in immediate environment 	<p><u>Drama games:</u> Liz has got a hat Baby's in the blanket</p> <p><u>Topic Vocab:</u></p> <ul style="list-style-type: none"> • Own and others names (adults and other children) • Mine/yours • Key body parts / facial features – use of mirrors to support • Names of key clothes – coat on/off, shoes on/off • Wheelchair, walking frame, AFO • Key body parts <p><u>Developing self-care skills (link to role play/dressing up):</u></p> <ul style="list-style-type: none"> • Use adult size socks – easier for children to put on themselves

	<p><u>EAD</u></p> <ul style="list-style-type: none"> • Making marks with body e.g. hand and foot prints, using hands and feet / whole body to create effects e.g. with tissue paper, in tactile media • Finger painting • Action songs, rhymes, drama games linked to topic • Opportunities for role play <p><u>Literacy</u></p> <ul style="list-style-type: none"> • Picture books linked to topic • Mark making opportunities • Tactile play 	<ul style="list-style-type: none"> • Hats to put on/off • Clothes to dress teddy/dolly • Dolly's bath time – role-play familiar routines, going to bed/waking up <p><u>Working with families:</u></p> <ul style="list-style-type: none"> • Encourage families to send in photos of the children as babies <p><u>Specific outside activities:</u></p> <ul style="list-style-type: none"> • Washing lines in the playground with clothes of different sizes, saris hanging over wooden posts • Playing in different mini environments, tents, pink house in the playground <p><u>Specific creative activities:</u></p> <ul style="list-style-type: none"> • Noticing paint/media on hands, feet etc. use mirrors
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*Heuristic.

Heuristic play describes the activity of babies and children as they play with and explore the properties of objects. These objects are things from the real world. The use of treasure baskets is an example of this.