

STEPHEN HAWKING SCHOOL

Playdough



Recipe

You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth dough
4. Store in a plastic container in the fridge to keep it fresh

Variations

You can add different ingredients to make different textures/smells. For example:

- Glitter
- Tea leaves
- Vanilla essence
- Shredded coconut
- Herbs and spices
- Seeds (e.g. pumpkin, sunflower)
- Dried fruit

Sand playdough

2 cups clean sand
1½ cups plain flour
½ cup salt
2 tablespoons oil
1 cup water
Food colouring
Mix together

Cloud dough

4 cups plain flour
½ cup baby oil
Mix with a wooden spoon and then squeeze and press with fingers to blend oil throughout oil

Do not use with children who may put it in Their mouths

Gingerbread playdough

Add: 2 tablespoons allspice
1 tablespoon cinnamon
1 tablespoon ground ginger
(Make gingerbread people for the story)



Things to do with playdough



Press it



Pull it



Poke it



Roll it



Find things to stick into the playdough. For example:

- Things from the park- sticks, pine cones, stones, etc.
- Feathers
- Buttons
- Shells
- Pasta shapes
- Beads



Rolling and cutting out using biscuit cutters, etc.



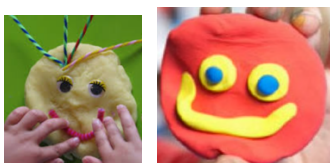
Make marks and patterns



Practise cutting with a child's knife or scissors



Hide things in the playdough for your child to find



Make playdough faces



Make a playdough animal or monster



Add currants to brown playdough and add a red cherry on top.

Use for the song '5 Currant buns in a baker's shop'
(See YouTube- 5 currant buns BBC)



Make a playdough sweetshop or bakery



Make a Gruffalo



Paint insect outlines (e.g. ladybird, bee, butterfly) and decorate with playdough

Throw a dice and add corresponding number of spots to the ladybird



Have a tea party for dolls/teddies, using the playdough to make party food



Make a playdough pizza

For more ideas see:

- <https://artfulparent.com/39-ideas-for-playing-with-playdough/>
- <https://theimaginationtree.com/play-dough/>
- <https://www.learning4kids.net/list-of-play-dough-activities/>