

STEPHEN HAWKING SCHOOL

Summer activities 2: Going to the park/ in the garden

We have created five handouts with suggestions for activities you can do at home during the summer holiday. These are:

1. Going on a picnic
2. Going to the park
3. Going to the seaside
4. Going to the zoo
5. Exploring food

Going to the park/ in the garden. Perhaps you can go to a local park near you to run around and explore. Here are some things you can also do at home, in the garden, on a balcony, etc.



Animated Percy the Park Keeper stories by Nick Butterworth can be found on YouTube at:

https://www.youtube.com/watch?v=Un-jMPfRNVl&list=PL756XNZsKKiM_ZNwYfnGtzP6dC3Lvwucc



What's at the Park? by David Mann and Jess Jardim-Wedepohl

<https://www.youtube.com/watch?v=d-7rYeRM7T8>



Gather things from the park and put into separate containers to make a sensory container: sticks, leaves, cut grass, flowers, stones.

Make your own park or garden using a box, tray or large plate. Put some soil on the box, tray or plate and add stones, twigs, leaves, small flowers and anything else you have gathered.



On a balcony or a small outside space- make a mud play area



Place some soil (wet or dry) on a coloured tray and explore mark making using hands, fingers, and tools (such as a stick, paintbrush, etc.)



Use large chalks to make marks on the ground, You can also chalk tracks and roads for bikes, trikes and scooters.



Explore a box of dry soil and wet soil

- This can be a bowl/box/tray of soil
- Provide some old small containers (cups, saucepans, bowls, etc.), spoons, etc. for your child to explore stirring, filling containers, etc.
- Fill a plant pot with soil and stick the flowers in you have made (see art activities below)



Make some EDIBLE MUD (from The Imagination Tree)

- 2-3 packets of chocolate pudding mix (Angel Delight or similar)
- Milk or water

Mix up the chocolate pudding according to the packet with milk or water. You can also add in shredded wheat, porridge oats, raisings, etc. to give different textures. Use it to play with straight away before it sets



On a sunny day, use paintbrushes and water to make marks on the ground. Look at what happens to the marks as the sun dries them.



Make some paper flowers (using straws, barbeque sticks, lollipop sticks, twigs for stems) and paper, foil, etc. for the flowers.

Find a yogurt pot or toilet roll tube to decorate and use a a flower pot to put your flowers in and make your own garden



Draw outlines of flower pots onto a large piece of cardboard. Put holes in for your child to put flowers into, that they pick in the park or the garden





Find a branch to make a butterfly tree. Make different butterflies to hang on your tree.

Make a butterfly collage with different coloured paper



Make butterfly cakes (see recipe)



Grow some sunflowers from seed in the garden or a pot. How tall will they grow?



Make a sunflower collage



Make ice pops to take with you or to enjoy and cool down at home. You can also try freezing slices of fruit such as oranges and lemons to suck on when it is hot.

There are lots of recipes here:

<https://theimaginationtree.com/healthy-ice-pop-recipes-for-kids/>



Go on a scavenger hunt in your local park, garden, balcony or collect these items and hide them around your home.

Good things to look for are:

Leaf, flower petal, stick, blade of grass, stone.

You could also tick items off with your child using the sheet at the end of the handout.

BACK YARD

SCAVENGER HUNT



ant



brown leaf



butterfly



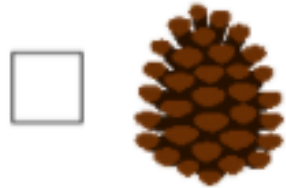
clover



cloud



purple flower



pinecone



ladybug



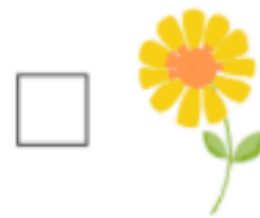
bird



grass



green leaf



yellow flower



feather



rock



sticks

Making individual butterfly cakes

1.
Mix eggs with milk.

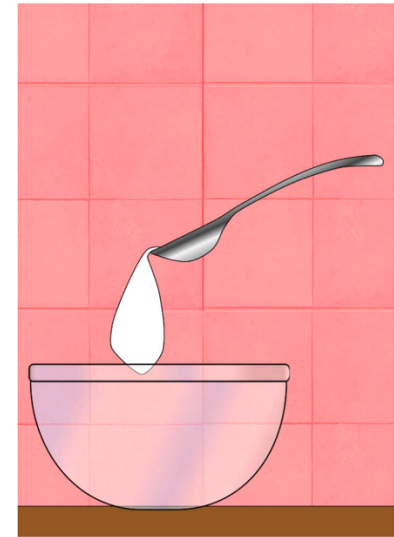


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Making individual butterfly cakes

Each child in their own bowl:

2.
Put 1 tablespoon
self-raising flour in
a bowl.

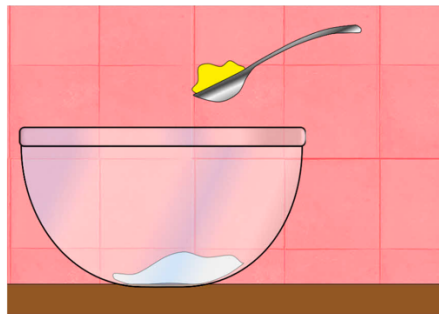


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Making individual butterfly cakes

Each child in their own bowl:

3.
Then add 1
teaspoon margarine.

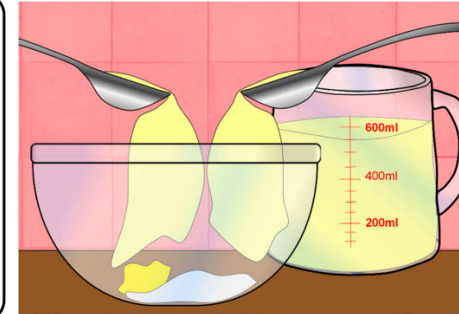


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Making individual butterfly cakes

Each child in their own bowl:

4.
Next, add 2
tablespoons milk
and egg mixture.



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Making individual butterfly cakes

Each child in their own bowl:

5.
Then add 1
teaspoon sugar.



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Making individual butterfly cakes

Each child in their own bowl:

6.
Mix the ingredients
well.

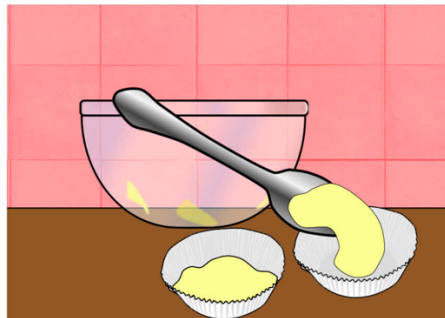


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Making individual butterfly cakes

Each child from their own bowl:

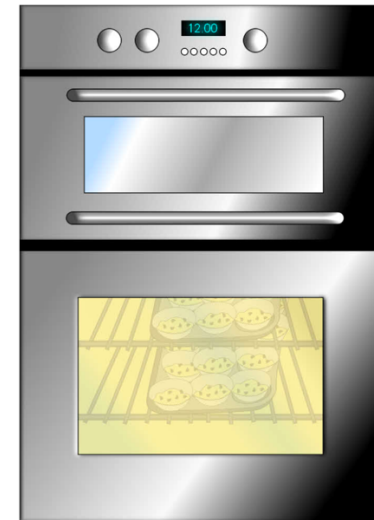
7.
Spoon the mixture
into paper cases.



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Making individual butterfly cakes

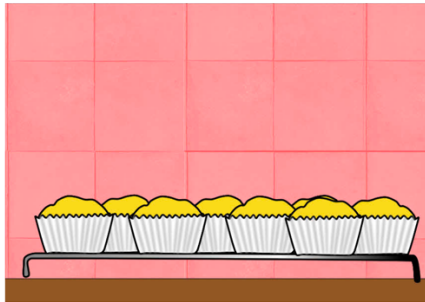
8.
Bake in an oven at
200°C/Gas Mark 6
for 10 minutes.



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Making individual butterfly cakes

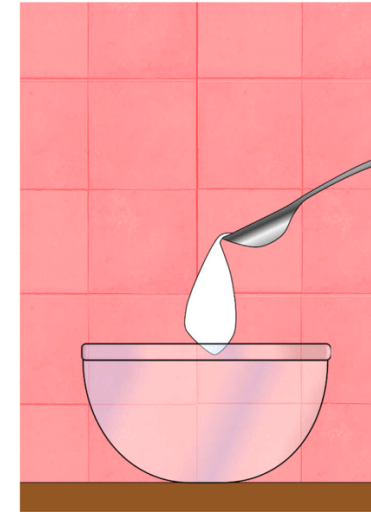
9.
Cool on a wire rack.



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Making individual butterfly cakes

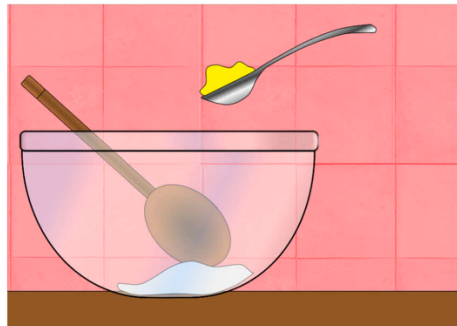
10.
Add 1 teaspoon
of icing Sugar



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Making individual butterfly cakes

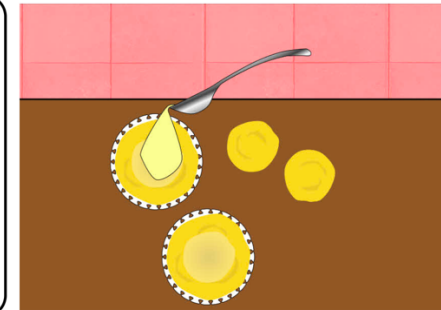
11.
Add 1 teaspoon
of margarine



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Making individual butterfly cakes

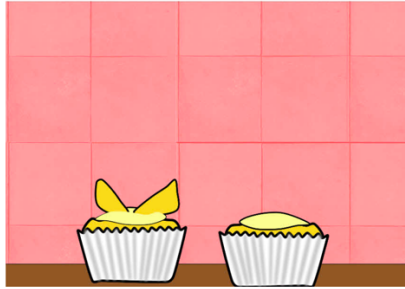
12.
Cut the top off the
cakes and fill 'hole'
with icing.



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Making individual butterfly cakes

13.
Place the pieces
of cut cake in
the icing like
butterfly wings.



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Making individual butterfly cakes

14.
Then admire
your wonderful
cooking and enjoy!



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