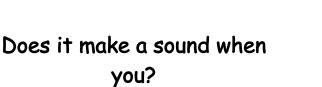
## Sensory cooking: What to do with your ingredients!

## What does it feel like?

- Is it sticky?
- Is it hot/cold
- Is it wet/dry?
- GET MESSY!



- Squish it
- Mash it
- Shake it?



## What does it smell like?

- Is it nice?
- Is it strong?
- Do you like it?



- Colour
- Shape
- Texture
  - size



## Does it taste nice?

- Sweet/salty/spicy/sour?
  - Is it hot/cold?
  - Do you like it?



