









STEPHEN HAWKING SCHOOL







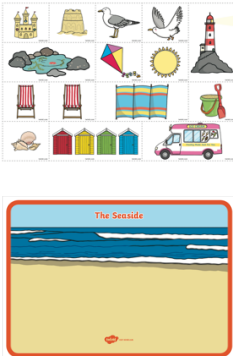
Summer activities 3: Going to seaside

We have created five handouts with suggestions for activities you can do at home during the summer holiday. These are:

1. Going on a picnic
2. Going to the park
3. Going to the seaside
4. Going to the zoo
5. Exploring food

Going to the seaside Perhaps you will go to the seaside this summer, or you can pretend to be at the seaside, home with lots of different things to do at home

  	<p>Seaside stories on Youtube</p> <ul style="list-style-type: none"> • I want to go to the seaside by Rachel Murrell https://www.youtube.com/watch?v=5VM80W7syO4 • Kipper the dog- the seaside by Mick Inkpen https://www.youtube.com/watch?v=7dCdT6tN3WY • Brum at the seaside by Lesley Young https://www.youtube.com/watch?v=rwbxGtcU8SI
	<p>Make a collection of seaside props- Sunglasses, swimsuit, towel, bucket and spade, rubber ring, sun hat, sun screen, folding chair etc. Support your child to explore these- looking, touching, smelling and putting them on. Pack a bag with things for the seaside (towel, swimming costume, sun cream, sun hat, drinking water, bucket and spade, etc.) and take it to a space in your home/garden/balcony where your child can unpack it and make a 'beach'</p>
 	<p>Use a paddling pool or a large bowl of water for water play (never leave your child unattended with water). Provide containers such as yogurt pots, beakers, sieves, ladles, etc. for your child to explore.</p>

	<p>Set up a sand tray using a large shallow plastic box, tray with a lip or tinfoil tray</p> <ul style="list-style-type: none"> • <u>Dry sand/rice/lentils.</u> Fill the tray with dry sand/rice/lentils and containers to play with, such as plastic bottles to fill and pour, beakers, sieves, ladles, wooden spoons Hide small objects for your child to find • <u>Wet sand/rice/lentils.</u> Fill the tray with wet sand or cooked rice/lentils-container play. Make a 'sandcastle' with a beaker, bucket etc. Decorate with small shells, stone, feathers, etc.
	<p>Use empty plastic bottles to make sensory bottles with your child. Fill each one with water or rice and a combination of:</p> <p>Food colouring or paint Glitter Small sea creatures Sequins Shiny beads Small shells sand</p> <p>Ensure the lids are screwed on very tightly and never leave your child to play with them unattended.</p>
	<p>Make sand play dough with your child by adding sand or rice to a simple play dough recipe (see playdough handout) Offer your child a range of objects to push into the sand dough, such as shells, stones, sticks, feathers and sequins. Support your child to roll out and cut the dough into different shapes Make a 'sandcastle' using the dough and add flags.</p>
	<ul style="list-style-type: none"> • Make paper sailing boats- https://www.easypeasyandfun.com/how-to-make-a-paper-boat/ Decorate them and sail on a bowl of water or in the paddling pool
	<p>Sponge printing- get a bath sponge and cut into the shape of a starfish and other shapes</p>
<p>Spot The Difference</p> <p>Name _____</p> <p>There are 6 differences in the pictures below. Can you find them all?</p> 	<p>Seaside spot the difference games (from: www.twinkl.com)</p>
	<p>Cut out the seaside pictures below. Talk to your child about them and stick them on the outline drawing (from www.twinkl.com)</p>



Make ice pops to take with you or to enjoy and cool down at home. You can also try freezing slices of fruit such as oranges and lemons to suck on when it is hot.

There are lots of recipes here:

<https://theimaginationtree.com/healthy-ice-pop-recipes-for-kids/>

Chocolate ice-cream

Ingredients



4 bananas- frozen



1 tablespoon cocoa powder



½ cup /150ml coconut milk



1 teaspoon vanilla essence

Make easy chocolate ice-cream (see recipe below)

Spot The Difference

Name _____

There are 6 differences in the pictures below. Can you find them all?



Spot The Difference

Name _____

There are 10 differences in the pictures below. Can you find them all?

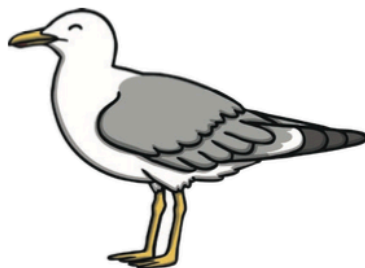




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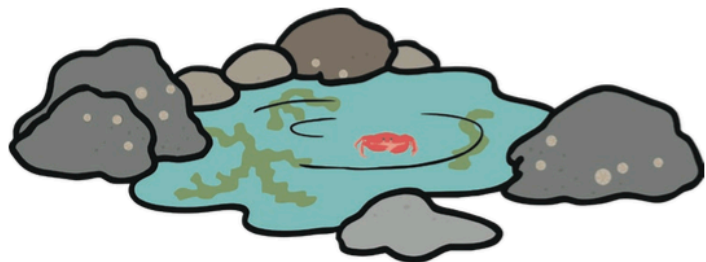
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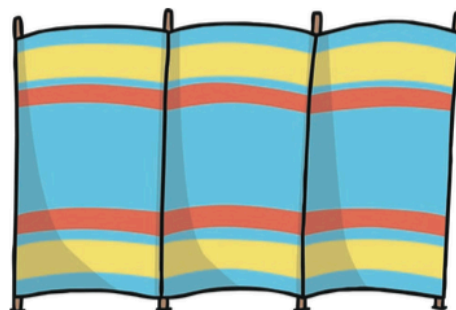
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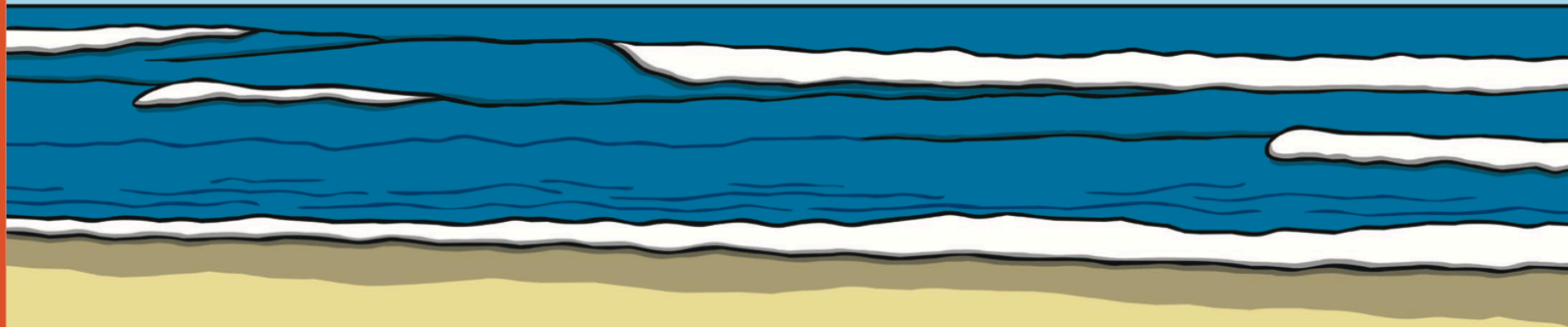
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The Seaside



Chocolate ice-cream

Ingredients



4 bananas- frozen



1 tablespoon cocoa powder



½ cup /150ml coconut milk



1 teaspoon vanilla essence

Put:



Banana + coconut milk + vanilla extract + cocoa powder

In to a blender



Blend until smooth

Put into a bowl and enjoy.

